



EVENT REGULATION

The Sestriere Bike Grandi Eventi Committee organizes Sunday the 5th of July 2020 the mountain bike race called **Assietta Legend**, which is divided into two tracks along the roads and off roads of the municipalities of the upper Valle di Susa and Chisone with departure and arrival in Sestriere (To):

- **Marathon Legend** of 85 km D+ 2.880 meters
- **Assietta Bike** of 58 km D+ 1.750 meters

The event will take place under any weather conditions, except in the case of exceptionally adverse situations with provisions imposed by the Race Director and / or the competent territorial authorities, to respect the safety of the participants.

PARTICIPATION

The event is open to all athletes having licence of F.C.I. (Italian Cycling Federation) or sports promotion organization, both together having medical certificate for the practice of competitive cycling, and also foreign cyclists having valid licence of U.C.I.

The event is by invitation and the Organizing Committee may at any time and at its sole discretion decide whether to accept or refuse the registration or exclude a member from the event in case it may damage the image of the same.

According to the new cycling federation legislation, all participants must hold a medical certificate of fitness for competitive sports; therefore, the participation of cycling amateurs for is not permitted.

For minors (16 to 18 years) will be required specific release signed by the parent.

Daily Race Licence: not licenced athletes can participate in the Marathon Legend event by activating the daily licence of F.C.I. (Italian Cycling Federation) at a cost of € 10.00 for insurance coverage of "third party liability" during the event. For the release of the daily license it is necessary to present the medical certificate for cycling regardless of the chosen route.

Foreign athletes can use the Health Certificate form signed and stamped by the physician (www.assiettalegend.it/images/Health_certificate_Assietta_Legend.pdf).

FITRI licence: the FITRI and any other triathlon licence is not recognized for road cycling and is therefore not valid for registration

Ethical Requirement: with the signing and submission of the registration form, the competitor, together with the representative of his team, self-certifies the inexistence of sports, civil and / or penal sanctions or investigations in progress against him for facts related to doping and declares that he has not hired - and not to hire - substances included in the anti-doping list of the World Anti-Doping Agency (WADA) (<https://www.wada-ama.org/en/resources/sciencemedicine/prohibited-list>).

The false self-certification will be prosecuted according to the law.

Positivity to doping: In the case of positive anti-doping tests carried out at the Assietta Legend, or positive ascertain within 6 (six) months after the event, the competitor is required to pay the Organizing Committee, by way of compensation for the serious damage caused to the image of the event, the sum of € 50,000.00 (fifty thousand euros / 00). The amount will be donated for youth cycling improvement.

Technological fraud: the race jury, as foreseen in the UCI and FCI regulations, paragraph 1.3.010 and 12.1.013 bis technological fraud, with the technical support of the organization is authorized to carry out random or systematic checks aimed at identifying tools to assist the athletes' pedalling. Non-compliance or refusal to submit to the requested technical verification will result in immediate disqualification and reporting to the competent bodies. Furthermore, referring to the UCI and FCI regulations it should be noted that the use of any transceiver equipment is strictly prohibited.

CATEGORIES

Marathon Legend

The following categories are allowed:

- Open Men
- Open Women
- Elite Sport 19/29 years old
- Master 1 30/34 years old
- Master 2 35/39 years old
- Master 3 40/44 years old
- Master 4 45/49 years old
- Master 5 50/54 years old
- Master 6 55/59 years old
- Master 7/8 60/64 years old and over
- Master Women 1 19/39 years old
- Master Women 2 40 years old and over

Assietta Bike

The following categories are allowed:

- Junior (FCI license) 17/18 years old
- Elite Sport 19/29 years old
- Master 1 30/34 years old
- Master 2 35/39 years old
- Master 3 40/44 years old
- Master 4 45/49 years old
- Master 5 50/54 years old
- Master 6 55/59 years old
- Master 7/8 60/64 years old and over
- Master Women 19/39 years old and over
- Cicloturisti (mtb lovers) 16/65 anni
- E-Bike (cicloturisti) 16/65 anni

SECRETARIAT

The secretarial and withdrawal operations of the race pack will be held at the Palazzetto dello Sport in Viale Azzurri d'Italia in Sestriere

SCHEDULE

Saturday July, 4th 2020

Hrs 15,00 Licence check, latest registration to events

Hrs 15,00 Baby Cup Registration opening

Hrs 16,00 Baby Cup start

Hrs 17,30 Baby Cup prize-awarding ceremony

Hrs 18,00 UCI Team meeting

Hrs 19,00 End of operations

Sunday July, 5th 2020

Hrs 06,30 Licence check, latest registration only to Assietta Bike
Hrs 08,00 End of operations for Marthon Legend
Hrs 08,00 Marathon Legend starting box opening
Hrs 08,25 Briefing
Hrs 08,30 Marathon Legend start
Hrs 09,30 End of operations for Assietta Bike
Hrs 09,30 Assietta Bike starting box opening
Hrs 09,55 Briefing
Hrs 10,00 Assietta Bike start
Hrs 12,30 Marathon expected first biker finish
Hrs 13,00 Assietta Bike expected first biker finish
Hrs 15,30 Price-awarding ceremony

ROUTES

Marathon Legend

Departure from Sestriere, a place that does not need any introduction, with the "launch ride" that runs along the highest town in Europe and then take the path that climbs up to Monte Alpette (2305 meters). From Monte Alpette we descend to the Chisonetto dam to continue along the Chisone valley through Sestriere Borgata. In a jiffy you reach Pragelato, and then you climb the beautiful Val Troncea (home of the Nordic ski races in Turin 2006 Olympic games) and the the village of Laval following the Mendia path. Go down to Pourrieres (1418 meters) after about 30 km from the start, where you have to turn to Balboutet. Here you start to climb decisively, touching precisely the hamlet of Balboutet (1557 meters) to continue until Pian dell'Alpe location: the dirt road in excellent condition goes up through pastures and coniferous woods reaching the beautiful mountain valley of Pian dell'Alpe, at an altitude of 1821 meters. Continue to Colle delle Finestre, then turn left towards our "GPM" Cima Ciantiplagna (2750 meters) and passing through the Gran Serin fort you enter the Assietta road that allows you to admire the splendid panorama towards the valley bottom arriving in the last section that separates us from the Colle dell'Assietta (2472 meters). The view is austere, to say the least superb, and after a short stretch of hard climb you reach the head of the Assietta at an altitude of mt. 2567. From here begins the fast descent that brings us to Col Lauson (2497 meters) and then Col Blegier (2381 meters) which follows the short climb that leads to Monte Genevris (2533 meters), then the descent on the Costa Piana, following Col Bourget (2299 meters) and, at the end of the Assietta road, you reach Col Basset (2424 meters), the last peak of the route from where you descend towards Sestriere. After about 2.5 km of descent, turn on the path "Gelindo Bordin" (2226 m) to go until near the village of Sestriere, where it descends directly to the arrival of Fraiteve square.

Departure and Finish in Sestriere with a total of 85 Km and altitude range of 2880 mt.

Assietta Bike

Departure from Sestriere, descent along the Chisone Valley through Sestriere Borgata, Pragelato, Pourrieres (mt. 1418) after around 15 km from start, and turn left to Balboutet. Here start to climb steeply from Balboutet (mt. 1557) to Pian dell'Alpe (mt. 1821) and till to Colle delle Finestre to reach the strada dell' Assietta to go to the colle dell'Assietta (mt. 2472). From the testa dell'Assietta starts descent to Col Lauson (mt. 2497), Col Blegier (mt. 2381) and then Monte Genevris (mt. 2533), Costa Piana, Col Bourget (mt. 2299) and Col Basset (mt. 2424) at the end of the strada dell'Assietta where starts the descent to Sestriere.

Turn right after around 2,5 km of faster descent to reach the gelindo Bordin single track to go to the arrival in Sestriere.

Departure and Finish in Sestriere with a total of 58 Km and altitude range of 1758 mt.

Refreshment points: Pian dell'Alpe, Colle dell'Assietta, Costa Piana, Sestriere *final refreshment point*

TIME GATE

Participants who will transit to Pian dell'Alpe after 12.00 am will be excluded from the event and will proceed independently and with their own means to return to Sestriere.

MAXIMUM TIME

The maximum race time is 6.30 hours and the closing of the finish line is expected within 3.30 pm.

ASSISTANCE

Medical Assistance: ambulances, motorbikes, doctors and qualified paramedical staff

Private Assistance: any private assistance following the competition is forbidden, under penalty of athlete(s) disqualification. However, it is allowed to refuel at the points provided by the organization: Prigelato Olympic trampolines, Pian dell'Alpe, Costa Piana (reachable without motorized vehicles).

Radio assistance: along the route and upon arrival.

ECO-ZONE

We respect nature. All participants are required to deposit waste in the eco-zones set up by the organization along the route, which will be supervised in collaboration with local authorities.

Whoever will be caught throwing rubbish out of the pre-established eco-zones will be disqualified from the event with a special announcement from the race direction.

REGISTRATION

Registrations are open from **Monday October 1st 2019**, and are possible on-line by credit card on the ENDU website (www.endu.net) **until July 2nd 2020**.

Participation fee:

30 € until 31.12.2019

35 € until 02.07.2020

40 € Saturday 04 and Sunday 05.07.2020 at Sestriere.

For any registration problems you can contact MySDAM at the mailbox: piemonte@mysdam.it

Registration not licensed

Registration for not licensed participants is only possible at the Assietta Bike dedicated section and entitles the holder to take part in the drawing of the technical prizes by drawing lots. The organization will make available the FCI card (cost € 10.00) for those who want to try the Marathon Legend.

For not licensed it is MANDATORY the medical certificate for the competitive activity

Latest registrations

Registration for all the events is also possible on Saturday from 3.00 pm to 7.00 pm directly in Sestriere, paying the increased participation fee.

On Sunday it is still possible to register for the Assietta Bike from 7.00 am to 9.30 am by paying the increased participation fee.

It will not be possible to assign the merit grid for those who sign up for the race week-end.

Information

The race pack must be withdrawn at the registration's check and includes the gadget as well as supplements and the Pasta Party ticket.

The participation fee includes the registration fee plus the inseparable services, including: timekeeping, refreshments, pasta party and gadgets

Registration confirmation: SDAM (official timing of the race) will send to all registered athletes the formal document to confirm the pre-registration via email. Your registration can also be verified on-line on the ENDU website. The organization reserves the right not to accept the registration upon notice to the athlete by the Friday before the race.

Reimbursement of the Registration fee: the participation fee is not refundable under any circumstances, including the non-execution of the event for any reason.

Cancellation of participation: if the registered athlete does not take part in the event, the amount paid will not be reimbursed.

Replacement of registered athlete: replacements between athletes are allowed only by June 28, 2020, For this operation will be required a contribution of € 10.00. The request must be submitted by the transferor by e-mail to info@assiettalegend.it

Change Course: replacement of track (between Marathon Legend and Assietta Bike) is allowed only by June 28, 2020 for this operation will be required a contribution of € 10.00. The request must be formalized by the transferor by e-mail to info@assiettalegend.it

RACE PACK

For the withdrawal of the race number and race pack it is necessary the licence check.

The race number is strictly personal and cannot be tampered with and is not transferable to anyone.

The operations will take place at the Palazzetto delle Sport in Viale Azzurri d'Italia in Sestriere on the following days and times:

- **Saturday** from 3:00 pm to 7:00 pm
- **Sunday** from 6:30 am to 8:00 am (09:30 am for Assietta Bike)

For organizational reasons the number and the race pack will not be sent at athlete's home.

ON-LINE REGISTRATION CLOSING

Thursday July 2, 2020 at 12.00 pm

STARTING GRIDS

Marathon Legend

The grid of honour is reserved to the U.C.I. ranking and also to the OPEN category athletes.

The first grid is reserved to the Top Class athletes as per Italian Cycling Federation policy Moreover, the first grid is allowed to the challenge's first 5 places per category and organization discretional choices.

The following grids are based on registration date. Will not be possible to assign the reserved grid to the late coming subscriptions.

Race#	Grid
1-79	Open man & ranking UCI
80-99	Open woman & ranking UCI
100-200	Top Class FCI
201-250	Woman
251-650	Leader & registered to challenge(s)
651-1000	Registration date
1001-1500	Registration date

Assietta Bike

The first grid is reserved to the Top Class athletes as per Italian Cycling Federation policy Moreover, the first grid is allowed to the challenge's first 5 places per category and organization discretional choices.

The second grid is reserved to the Challenge(s) registered athletes. The following grids are based on registration date. Will not be possible to assign the reserved grid to the late coming subscriptions.

Race#	Grid
2000-2050	Top athletes man & woman
2051-2199	Top class, leader of challenge(s)
2201-2499	Registration date
2500-2999	Cicloturisti & E-Bike

On the indication of the race marshals the organizing committee reserves the right to remove from the race who will be caught jumping the grid and / or who will be in a grid not corresponding to its race number without being authorized by the organization.

OFFICIAL TIMING

The SDAM is the Official Timing company of the Assietta Legend uses the technology based on the use of "chips". Each participant must have a valid personal chip or a daily rental chip that can be rent on Sestriere. Terms and conditions are published on the MySDAM website at www.mysdam.net/info-chip.do
Failure or incorrect use of the chip will result in non-inclusion in the ranking and non-allocation of race time.

AWARDS CEREMONY

Indicatively starting at 3.30 pm

AWARDS

Marathon Legend

Overall ranking (prizes are not cumulative and scalable)

	<i>male</i>	<i>female</i>
1st place	300 euro	200 euro
2nd place	250 euro	150 euro
3rd place	200 euro	100 euro

Rankig Open

	<i>male</i>	<i>female</i>
1st place	200 euro	160 euro
2nd place	150 euro	120 euro
3rd place	120 euro	100 euro
4th place	100 euro	70 euro
5th place	90 euro	40 euro
6th place	80 euro	-
7th place	70 euro	-
8th place	60 euro	-
9th place	50 euro	-
10th place	40 euro	-

Ranking per categories (prizes are not cumulative and scalable).

Technical materials for the first 5 placements per category: Master Elite, Master 1, Master 2, Master 3, Master 4, Master 5, Master 6 and Master 7/8 (only 3 placements).

Technical materials for the first 3 placements per Amateur Women W1 and W2 categories.

Assietta Bike

Technical materials for the first 3 placements of each category (prizes are not cumulative and scalable)

Draw of technical materials for mountain bike lovers (cicloturisti).

GENERAL RULES

Athletes must bring the race number to the handlebar clearly visible and not rolled to the frame. Athletes must also use the dorsal number provided by the organization. These numbers cannot be changed in the shape. Use the approved and tied hard helmet for the duration of the race. To protect the environment, it is absolutely forbidden for participants to throw waste of any kind along the streets, it is mandatory to store them exclusively in the appropriate containers placed near the refreshment points and / or on arrival. Anyone who is surprised by the race marshals of non-compliance with this rule will be disqualified from the race.

TRAFFIC REGULATION

The roads will be temporarily closed to traffic according to the Ordinance issued by the competent Prefecture. After the passage of the car bearing the "Fine Gara Ciclistica" (End of Race) sign, competitors are required to comply with and comply with the rules laid down by the traffic laws.

The organization does not guarantee the race marshal assistance on the road beyond the maximum time granted by the local authorities.

In case of withdrawal it is strictly forbidden to take the descents in the opposite direction to the race.

MANDATORY EQUIPMENT

Given the typical nature of the route that includes a stretch of dirt road, cyclists participating in the event must necessarily have with them at least the following equipment:

- a set of tools for removing the tire and inner tube;
- a pump (or CO2 air inflator) to inflate the wheels.

It is also advised to have a cycling cape and suitable clothing to high altitudes for sudden changes in weather conditions.

In addition, all participants during the entire duration of the competition must wear the approved helmet and keep the race number readable and the dorsal number on the shirt attached.

COMPLAINTS

Any complaints must be received by the Jury under the regulatory terms accompanied by the tax required by the F.C.I. (Italian Cycling Federation)

RESPONSIBILITY

The organization declines responsibility for accidents or damage to people, animals and things that may occur before, during and after the cycling event. All participants in the event are obliged to comply with the rules of the traffic laws. For what is not contemplated in this Regulation, please refer to the regulation of the F.C.I. (Italian Cycling Federation).

REGISTRATION MODULE SUBSCRIPTION

By signing the registration form, the competitor declares to be in possession of the medical certificate according to the Italian D.M. of 18/02/82; to be in possession of a regular cycling license valid for the current year; to have read and fully accept this regulation. The competitor also expresses the consent of the use of their image and of their data, as required by the law on data processing pursuant to art. 13 EU Regulation 2016/679.

CHANGES

The Organizing Committee reserves the right to make changes to these regulations by giving appropriate evidence on www.assiettalegend.it in the dedicated website's section. The [assiettalegend.it](http://www.assiettalegend.it) website is the official communication organ of the event.

Info: www.assiettalegend.it

email: info@assiettalegend.it